



M-5570-A Jounce Bumper Kit INSTRUCTION SHEET

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Please visit www.fordracingparts.com for the most current instruction information

!!! PLEASE READ ALL OF THE FOLLOWING INSTRUCTIONS CAREFULLY PRIOR TO INSTALLATION. AT ANY TIME YOU DO NOT UNDERSTAND THE INSTRUCTIONS, PLEASE CALL THE FORD RACING TECH LINE AT (800) 367-3788 !!!

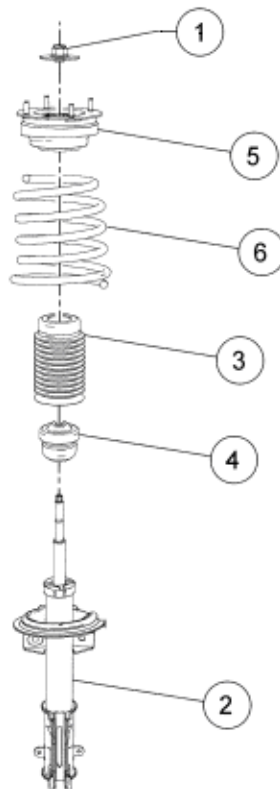
IMPORTANT: Installation of Ford Racing jounce bumpers is important to ride and comfort when using Ford Racing lowering springs on 2005-2011 Mustangs.

KIT CONTENTS:

2 front and 2 rear jounce bumpers
4 rear jounce bumper attaching bolts

NOTE: All jounce bumpers are installed while the springs are removed.

STEP 1: Remove front jounce bumper item # 4. Do not use factory jounce bumpers or the jounce bumpers that come installed on Ford Racing front struts.



Tech Line (800) 367-3788

Factory Ford shop manuals are available from Helm Publications, 1-800-782-4356



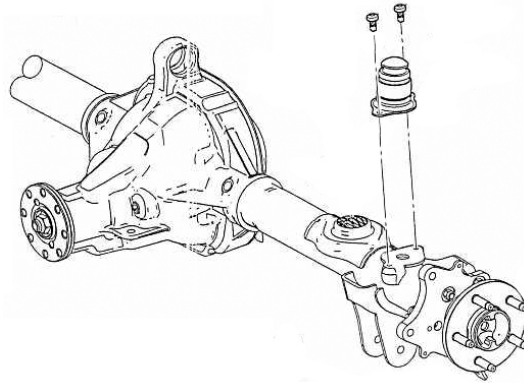
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<u>Item</u>	<u>Description</u>
1	Strut rod nut and washer
2	Strut
3	Dust boot
4	Jounce bumper
5	Upper mount assembly
6	Spring

STEP 2: Install Ford Racing front jounce bumper, one per strut. Install flat side of jounce bumper up.

STEP 3: Remove rear jounce bumpers by removing the 2 bolts per bumper.



STEP 4: Install new Ford Racing jounce bumpers and bolts. Torque bolts to 28 to 32 Nm

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